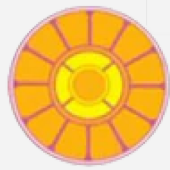


Deeksharambh

Student Induction Program- 2021

Organized by



**Sri
Aurobindo
College**



Sri Aurobindo College

In association With



Seminarroom Education Pvt Ltd

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About Deeksharambh

Student Induction Program- 2021

Deeksharambh - Online Student Induction Program (SIP) – 2021 is a program designed by the top Academic and Industry experts adhering to all standards and quality guidelines laid by the UGC and AICTE.

A total of 15 sessions over 7 days covered a wide range of topics ranging from Industry Inputs, Entrepreneurial Orientation, Universal Human Values to NEP. Every session was designed with specific learning outcomes and was delivered through experiential based learning ideas to connect with the young and restless learners.



Deeksharambh is designed for the new students to help them feel comfortable, draw their attention towards exploring their academic interests and activities, promote bonding within them, build relations and finally opening new horizons of life.





Session Plan

Student Induction Program- 2021



Day 1: Friday, September 24

- 9:30AM-10:30AM  --- **Unleashing the power of youth**
-Swami Veereshananda Saraswathi
- 10:30AM-11:30AM  --- **What is being an Adult**
-Mr. S.N.Sethuram

Day 2: Saturday, September 25

- 9:30AM-10:30AM  --- **How to manage your negative emotions**
-Dr. C.R Chandrashekar
- 10:30AM-11:30AM  --- **What Corporates expect from Fresh Graduates**
-Ms. Asha M

Day 3: Monday, September 27

- 9:30AM-10:30AM  --- **Why startups are the right space to work in**
-Mr. Mekin Maheshwari
- 10:30AM-11:30AM  --- **Can pursuing passions help you land your dream Career**
-Mr. Ambi Subramaniam

Session Plan

Student Induction Program- 2021

Day 4: Tuesday, September 28

9:30AM-10:30AM



--- **How to handle success and failures in life?**

-Smt. Sudharani

10:30AM-11:30AM



--- **Goal Setting- A DIY Approach**

-Dr. Rajdeep Manwani

Day 5: Wednesday, September 29

9:30AM-10:30AM



--- **Mental Health & Wellness: Key Learning from Covid-19**

-Dr. Raju Krishna Murthy

10:30AM-11:30AM



--- **Out of adversity comes Opportunity**

-Padmashree K.Y. Venkatesh

Day 6: Thursday, September 30

9:30AM-10:30AM



--- **How to start a million dollar company at campus**

-Mr. Suresh Narasimha

10:30AM-11:30AM



--- **Transition from schools to colleges: Quo Vadis?**

-Dr. H.A. Ranganath

Session 1

Unleashing the Power of Youth



Swami Veereshananda Saraswathi

President, Ramakrishna-Vivekananda
Ashrama, Tumakuru

About the Session

Swamiji emphasized to master three sciences to lead a conflict free life. He also spoke on the importance of how liking the goal, having determination & practicing it makes the journey beautiful

Learning Outcomes

Work with great knowledge, and conviction will convert ordinary person to extra ordinary personality.

Session 2

What is being an Adult



S.N. Sethuram

Director & Actor
Kannada Television Industry

About the Session

Speaker insisted students to use their freedom responsibly. He spoke about the difference between attitude & aptitude and how to balance profession & passion.

Learning Outcomes

Intellectual hunger can be taken care once physical hunger is taken care.

Session 3

How to handle negative emotions



Dr. C.R Chandrashekar

Renowned Psychiatrist, Author

About the Session

The session uncovered the right way to handle our emotions and how habits can affect our mental state. Focused on Depression - it's causes, managing the illness by proper medication and finally tips to prevent depression.

Learning Outcomes

Clarity on how to recognize negative emotions, and being proactive in taking preventive measures

Session 4

What Corporates expect from Fresh Graduates



Asha M

Senior Manager at EY

About the Session

Speaker shared effective ways to handle academics & career pressure. She additionally spoke on the importance of having flexible attitude in corporate life. She finally ended her session with insightful resume writing tips.

Learning Outcomes

Tips while facing interviews and importance of adopting to corporate culture.

Session 5

Why start-ups are the right place to work in



Mekin Maheshwari

Founder at Udhyam, Ex-Chief People Officer at Flipkart

About the Session

Speaker shared insight on how Start-ups work, and how to choose to work in an appropriate Start-up. Advantages of working in Start-ups, visibility, and the learning curve were discussed.

Learning Outcomes

Advantage of joining early start-ups gives higher chance of growth.

Session 6

Can pursuing passions help you land your dream career



Ambi Subramaniam

Violinist, Composer, Educator

About the Session

Speaker shared insights on to how to navigate passion to career. Tips on being a learner, continuous practice and enjoying the journey were key elements to success. He also threw light on how music can do wonders to mental health.

Learning Outcomes

How focusing on the journey and not outcome can lead to success.

Session 7

How to handle success & failures in life



Sudharani

Renowned Indian Actress

About the Session

Speaker spoke on having short term goals which are achievable and the importance of time management. Also threw light on how criticism should be used as a source of motivation to reach our set goals.

Learning Outcomes

Not to indulge in comparison with other in any aspect of life.

Session 8

Goal Setting-A DIY approach



Dr. Rajdeep Manwani

Academician, Life coach,
Toastmasters, Quizmaster

About the Session

Speaker gave insights on how to handle fear that stops one from achieving their goals. He discussed his mantra for success and on how to handle negative people and overcome procrastination.

Learning Outcomes

Every failure should be answered by the question "So What"

Session 9

Mental Health & Wellness: Key learning from Covid-19



Dr. Raju Krishna Murthy

Renowned Physician, Covid Expert

About the Session

The right way of looking at diseases, and to concentrate on keeping ourselves healthy rather than concentrating on diseases. He emphasized how fear of disease creates havoc than the disease itself.

Learning Outcomes

When we eat is more important than what we eat.

Session 10

Out of adversity comes opportunity



Padmashree K.Y. Venkatesh

Padma Shri Awardee,
Indian Para - Shot Putter

About the Session

Speaker gave insights on how to act upon barriers when they arrive. He discussed on his mantra for building confidence and handling fear and finally on the importance of being fit as a general lifestyle.

Learning Outcomes

Examples of personalities, who achieved their goals even though they were not physically fit, but were mentally strong

Session 11

How to start a million dollar company at campus



Suresh Narasimha

Pre-Seed Investor, University Incubators, CEO at Justbooks

About the Session

Speaker gave insights about the right way of looking at diseases, and to concentrate on keeping ourselves healthy rather than concentrating on

Learning Outcomes

Having a good mentor is the key to success.

Session 12

Transition from schools to colleges: Quo Vadis?



Dr. H.A. Ranganath

Chairman, Board of Governors, IIIT KURNOOL, Distinguished Professor for Life, University of Mysore

About the Session

How to utilize academic freedom during college life. How we can become a brain gain economy by inculcating the right attitude during college life.

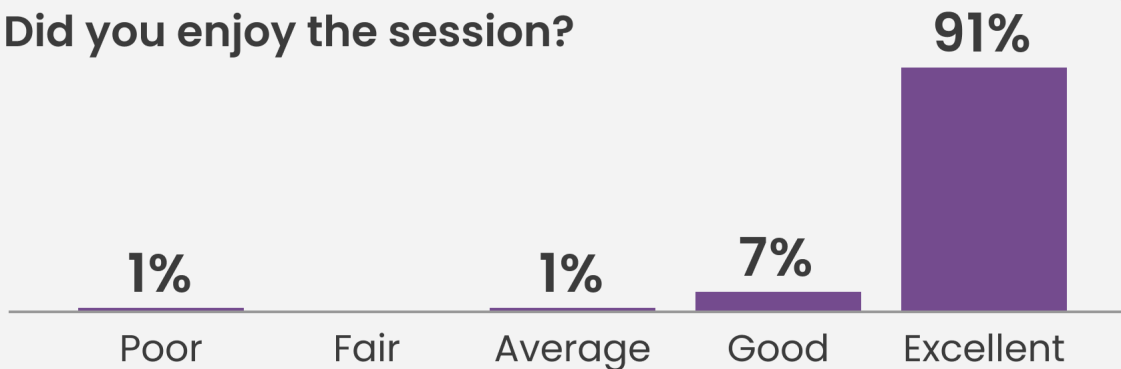
Learning Outcomes

Tips to collaborate with academic parent, biological parent & society requirements.

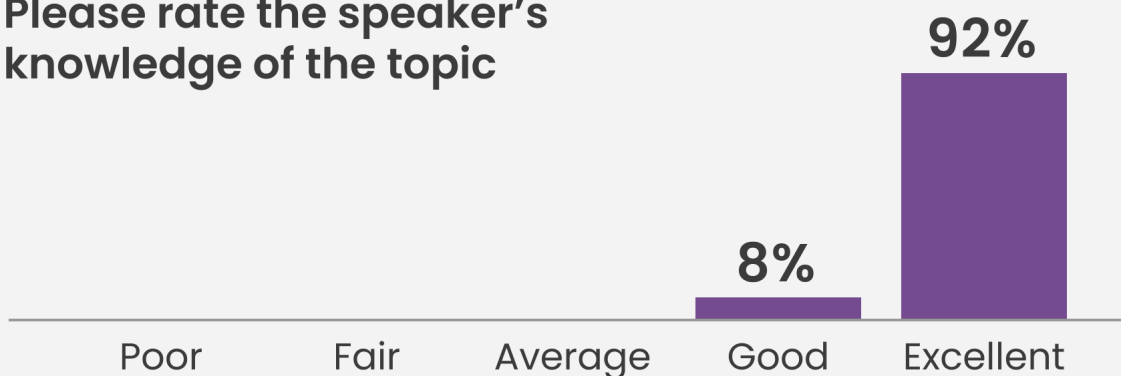
Feedback

Student Induction Program- 2021

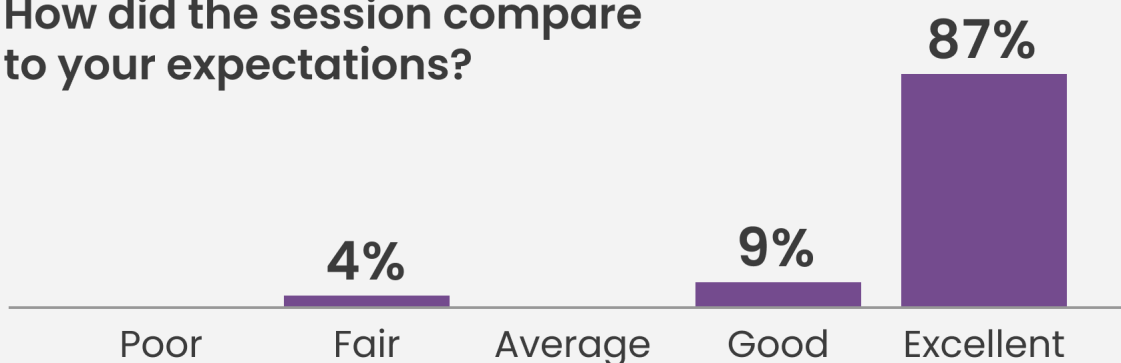
Did you enjoy the session?



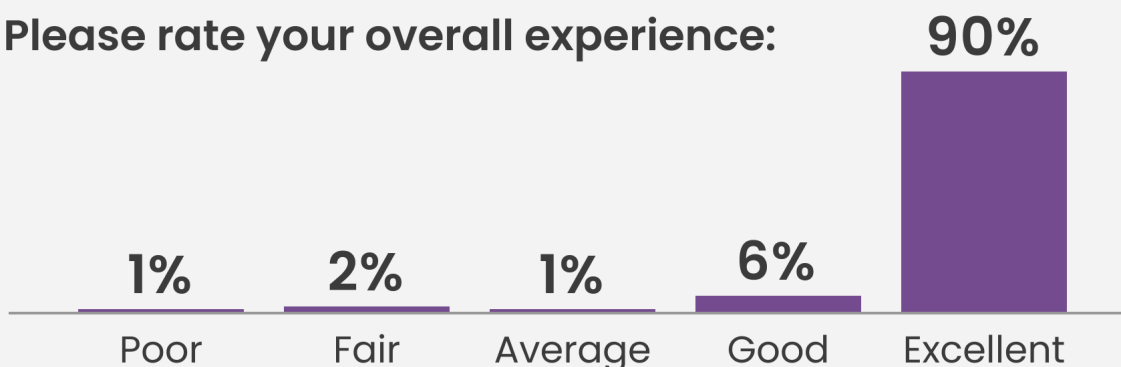
Please rate the speaker's knowledge of the topic



How did the session compare to your expectations?



Please rate your overall experience:



Feedback

Student Induction Program- 2021

I really enjoyed the program. The concepts and the material presented was great... Loved it.

-Vivek J

Very useful information.. Spekaer was very knowledgeable and offered valuable information and tips. Great value-add for us

-Ananya R

I found these sesssions really helpful. One of the most enjoyable and informative seminars I have ever attended. Thank you for organizing and a special thanks to the great speaker..

-Sushmitha M

In simple and clear terms, you have motivated us .Your words resonate the need of the day for us to be fearlessly and work confidently towards own goals.

-Aakash M

Wonderful experience, very valuable guidance. Practical examples were helpful. Information presented was very pertinent to current times..

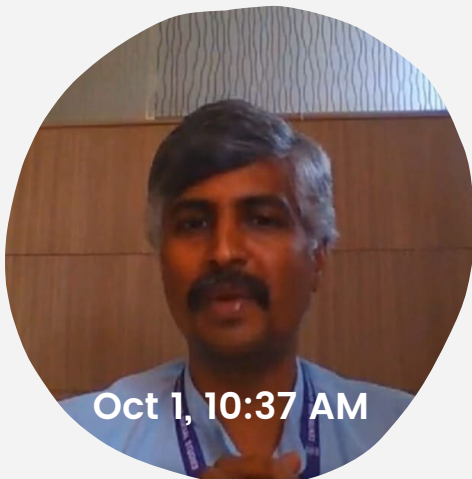
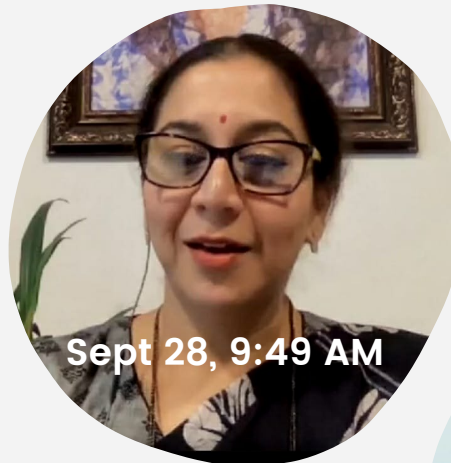
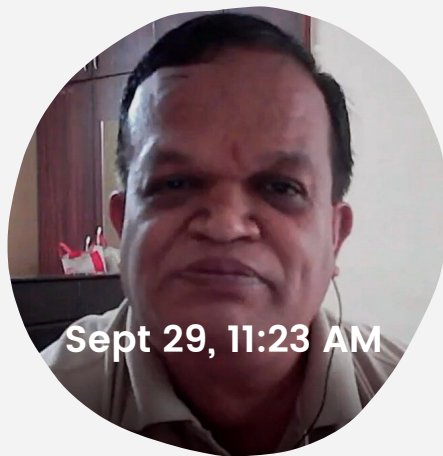
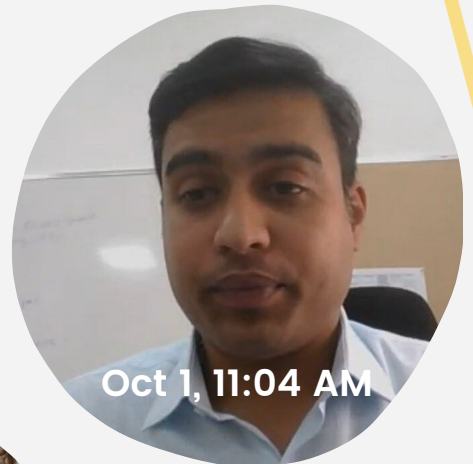
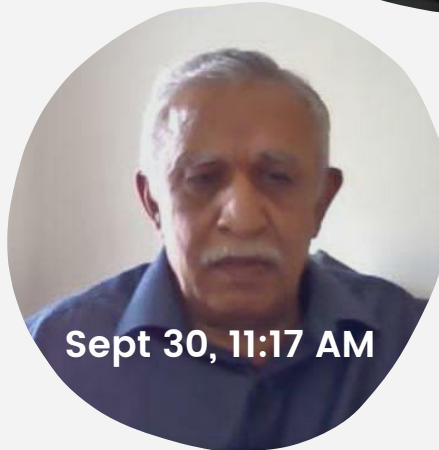
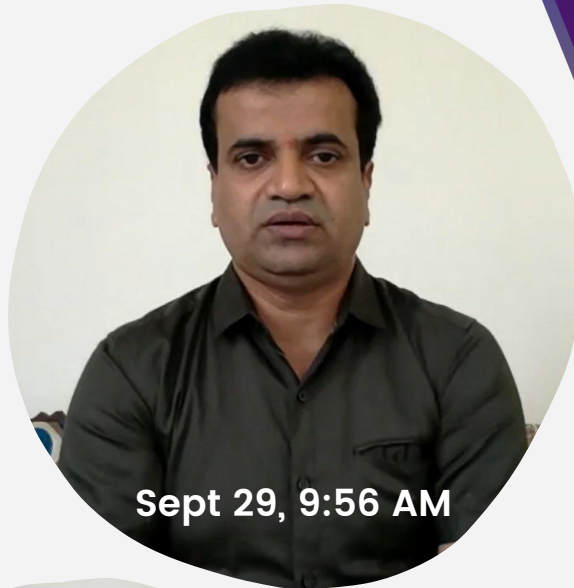
-Harshitha P

Really, really helpful. A lot of energy, a lot of enthusiasm. Practical and rational. Awesome presentation! I would love to be a part of more of such interactions in the future.

-Ajay T

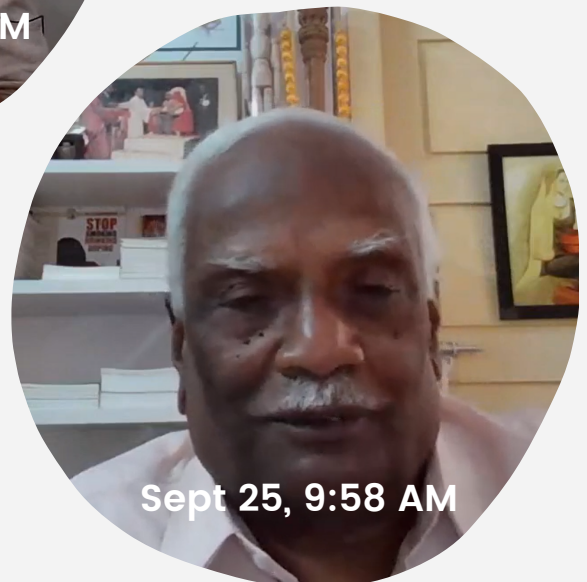
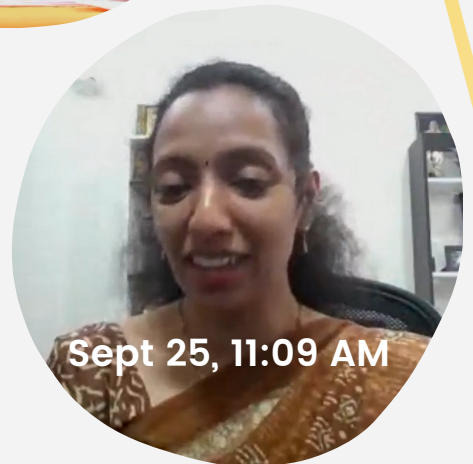
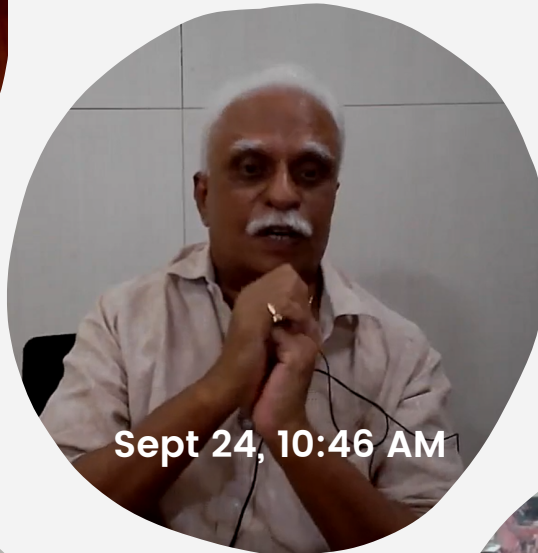
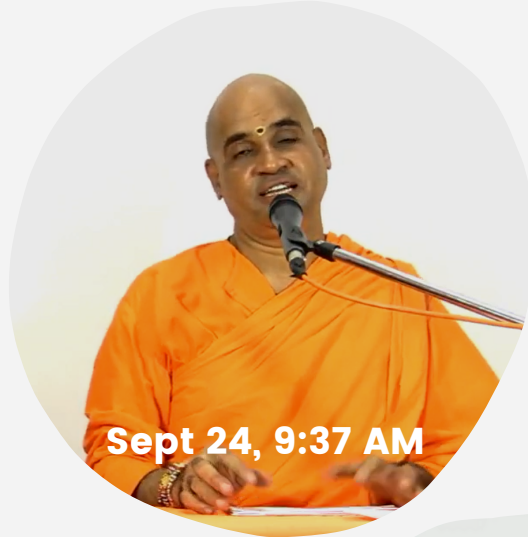
Snapshots

Student Induction Program- 2021



Snapshots

Student Induction Program- 2021



Summary of the Event

Student Induction Program- 2021

The program began with "How to Empower Young Generation" by Veereshananda Swamiji, the Chief Guest who inaugurated Deeksharambh – Student Induction Program (SIP) 2021 organized during 24th – 30th September, 2021, followed by special sessions on National Education Policy (NEP) on 01st October 2021 giving a professional finishing touch to the celebrated academic event.

A total of 15 sessions brought in the right balance across diverse ideas – managing study life balance, corporate expectations, entrepreneurial mindset, NEP and being happy in life – tailored to the needs of the specified targeted audience and delivered by noteworthy academicians and practicing professionals.

Deeksharambh received an overwhelming response from students and parents for organising such a wonderful interactive program.